

ground rules #GetButtonedUp Challenge

1

Let us know you're in by commenting on the post and telling us your Facebook name

2

Letting us know you completed your daily task by commenting on the Facebook GetButtonedUp Challenge Check-In post

3

IF/WHERE it makes sense:
Sending a picture of your completed task to Sarah—via email sarah@getbuttonedup.com
OR via TwitPic to @SarahButtonedUp & using the #getbuttonedup hashtag

4

There will be one Grand Prize awarded to a participant who has completed all of the previous week's tasks successfully and lets us know by checking in on Facebook and with pictures where appropriate

Grand Prize:
\$150
Amex Gift Card

2012 march #GetButtonedUp Challenge

week 1: money

monday
5

Download our free [Budget Tracker](#). Start tracking every penny you spend this month.



tuesday
6

Track down all tax-related documents, put them in one spot. Categorize into three categories: Money In, Money Out, Money Saved. You're now ready to start preparing your tax return.



wednesday
7

Are your drawers and filing boxes stuffed with unnecessary papers and diminishing the utility of your filing system? Take this checklist of what docs you really need to keep and go through your drawers and throw out anything not on [this list](#).



thursday
8

Look at each of your bank & credit card bills from last month today. Pick one recurring charge that you could eliminate or reduce.



friday
9

Check to see if you could get a discount on your cell phone service without reducing your service. See this post by our savings expert to learn more: <http://bit.ly/zibxUb>



saturday
10

What's in your wallet? Are you suffering from the George Costanza overstuffed wallet syndrome? It's time to go through it and get rid of any odds and ends that are clogging it up.



sunday
11

Now go one step further and clean out your briefcase or purse. Take a before and after pic and post on facebook what's the oddest thing you found lurking in it.



2012 march #GetButtonedUp Challenge

week 2: stuff

monday
12

Time to tame the Tupperware. Go through your drawers and get rid of orphan tops or bins. If you can, use a CD rack to organize the lids.



tuesday
13

Countertop detox. Before the lights go out in the kitchen tonight, make sure every scrap of paper has been dealt with and your countertop is clear. Don't just move piles from your countertop to somewhere else either. Every scrap either gets tossed OR filed.



wednesday
14

How does the space under your sink look? Today's the day to corral the gear you have there. Use bins to organize cleaning supplies and whatever else you have lurking in this cabinet.



thursday
15

When was the last time you gave your fridge a good clean? Toss anything past its prime today and wipe down surfaces with a soapy cloth.



friday
16

Do you have a junk drawer in your kitchen? Set the egg timer for 10 minutes and detox it today. If you don't have one, clear out a messy drawer in your desk or other room.



saturday
17

How many meals/meal components could you create using just the items you have in your pantry? Tonight pretend your MacGuyver & your mission is to stretch your food \$\$ by shopping from your pantry as much as you can. Write down your menu using this [free printable](#).



sunday
18

Have you gone paperless in the kitchen yet? If not, it's time. Calculate how many paper towels rolls & packages of napkins you use a week & calculate the annual cost of your addiction. Then read this post by Sarah on how to make the switch: <http://bit.ly/qbmF14>



2012 march #GetButtonedUp Challenge

week 3: money

monday
19

Take the time to write down a financial goal you would like to achieve by December 31st of this year.



tuesday
20

Set an egg timer for 10 minutes and brainstorm all the steps you could take to achieve the goal you set yesterday. No idea is a bad idea, just generate all the ideas you can.



wednesday
21

Sit down with your significant other tonight & discuss what financial accounts you have (*not the account #—just the type of account*), where they are, & who to contact at each institution (*if needed*). If you have a Life.doc, write the info there. If not, file the info where you will not lose it.



thursday
22

Look at the list you created on Tuesday. Pick the 3 things that will have the biggest impact on your ability to achieve your goal. Put the steps in your calendar.



friday
23

Do you currently subscribe to anything that is automatically paid by a credit card on file each month? If so, scour those statements tonight. Cancel any service you are not using to the fullest. Let us know how much you saved.



saturday
24

Loose change? Today's the day to wrap it up and deposit it.



sunday
25

Taxes not done yet? Set your egg timer for 60 minutes today and make some headway. If you've already completed them, enjoy your free day.



2012 march #GetButtonedUp Challenge

week 4: stuff

monday
26

Today is the day for a treasure hunt. Chances are you have something lying around your house that could be transformed to cash. List the items on eBay or Craigslist. If you have old e-gadgets or phones, turn them into greenbacks with a little help from gazelle.com



tuesday
27

Refrain from buying anything today. Pack your lunch, make your own coffee, and focus on non-material things that make you feel fulfilled.



wednesday
28

Are your books a mess? Today, go through your stacks. Pull out old books that you no longer want or need. Consider donating them to your local library or participating in a book swap: <http://bit.ly/x6lUgH>



thursday
29

Time to break out your donation box again. Put one in the bottom of your closet and go through winter clothes with a fine-tooth comb. Anything you didn't wear this past winter? Time for it to go.



friday
30

What's one task that you've been putting off around the house? Get it done today.



saturday
31

Look back at your monthly spending tracking for the past month. How does it look? Identify any leaks that could be plugged without too much hassle next month.



next month is all about
deep spring cleaning