

# Your weekly clean

## Buttoned Up.™

When you hit upon a cleaning routine, crossing these tasks off your list becomes much, much less of a chore and more like second nature. Use this form to create a weekly cleaning schedule for your home that is realistic, but gets the major stuff done.



week of: \_\_\_\_\_

schedule some or all of these tasks to the right on your week below

*\*schedule these tasks monthly or quarterly*

- Laundry (kids - including bed linens & towels)
- Laundry (grownups - including bed linens & towels)
- Bathrooms
- Empty trash bins
- Vacuum

- Dust surfaces (including furniture, objects & light fixtures)
- Kitchen (clean surfaces, microwave, toaster, fridge)
- Mirrors
- Meal planning
- Yard work

- Shampoo carpets\*
- Wax floors\*
- Clean windows\*
- Swap out HVAC filters\*
- Declutter\*
- Dust ceiling fans & blinds\*

### weekly cleaning list

monday	tuesday	wednesday	thursday	friday	saturday	sunday
delegate <input type="checkbox"/> done <input type="checkbox"/>	delegate <input type="checkbox"/> done <input type="checkbox"/>	delegate <input type="checkbox"/> done <input type="checkbox"/>	delegate <input type="checkbox"/> done <input type="checkbox"/>	delegate <input type="checkbox"/> done <input type="checkbox"/>	delegate <input type="checkbox"/> done <input type="checkbox"/>	delegate <input type="checkbox"/> done <input type="checkbox"/>

notes

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