

Your new baby Buttoned Up.™

You've got your crib, changing table and nursery decor all set. What else do you need? The answer is: a lot! Nesting is so much easier (and less stressful!) when you have a list to guide you. That's why we've put together this printable - so you have all the little details buttoned up for that magical moment when you bring home baby.



changing table essentials

- Waterproof pad for changing table (ideally have 2-3 covers to swap out)
- Diaper pail
- Diaper bags
- Diaper caddy
- Diaper rash ointment
- Small plastic bowl for water (may pediatricians recommend using just water & a washcloth to clean newborn bottoms rather than wipes)
- Large cotton wipes (for first few weeks)
- Gentle wipes
- Diapers (size newborn)
- Infant nasal aspirator
- Saline drops



bathing essentials

- Baby bathtub
- Baby brush
- Baby shampoo/soap
- Baby lotion
- Baby nail clippers
- Washcloth (at least 2)



out & about essentials

- Rear-facing federally approved infant car seat
- Diaper bag
- Baby carrier or sling
- Rain guard for stroller
- Coffee cup holder for stroller (trust us, you'll want one!)



sleep essentials

- Baby monitor
- Night light
- Baby hamper
- Receiving blankets (at least 5)
- 2 waterproof mattress pads



feeding essentials

- Burp cloths (at least 6)
- Bibs (at least 3 - but if you're planning on bottle feeding, get 10)
- Bottles with caps & collars (have one or two 4oz bottles handy even if you are planning on breastfeeding because you may want them for pumped milk)
- Extra nipples (if bottle feeding)
- Breast pump (optional)
- 3 gallons purified water (if planning to bottle feed)



mom essentials

- Coffee! (or tea)
- Extra batteries
- Motrin
- Thank you notes (get a few boxes!)
- Stamps
- Books on the basics: Baby CPR, Baby first aid, Sleeping, First months
- Stash of weekly tabloids (perfect reading material for 2am feedings!)

notes
